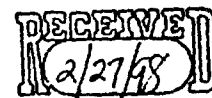




February 12, 1998

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Elizabeth Yetley, Ph.D., R.D.  
Acting Director, Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington DC 20204

Dear Dr. Yetley,

Pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994, Chattem, Inc., the distributor, located at: 1715 West 38th St., Chattanooga, TN 37409, wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears statements of nutritional support in its labeling.

The dietary supplement for which the statements are made is Harmonex™. The statements of nutritional support read as follows:

Harmonex™ for emotional and physical harmony.

In clinical trials, the scientifically standardized St. John's Wort herbal extract used in Harmonex™ helped maintain a healthy emotional balance -- naturally.

The unique Harmonex™ formula also includes Siberian Ginseng, an herb that helps promote physical well-being by supporting our body's natural ability to stay well.

These statements are accompanied by the required disclaimer which is prominently displayed in a box in bold-faced type. The information contained in this notice is complete and accurate. Chattem, Inc. maintains on file substantiation that these statements are truthful and non-misleading.

Sincerely,

Lorri Rosenthal  
Director of New Product Development/Sunsource

97S-0162

CHATTEM, INC.  
1715 West 38th Street  
Chattanooga, TN 37409  
(423) 821-2037

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